Develop a New Mindset (Biblically Based)

Take an inventory of Your	Implement New Mindset	Related Bible Verse
Current State		
Describe thoughts you have related to the issue you want to change	1. Align Your Thoughts with Gods word – Change how you think (Each time you catch yourself thinking the old way –consciously replace that thought by saying a bible verse that aligns with the new mindset	³ For though we walk in the flesh, we do not war according to the flesh. ⁴ For the weapons of our warfare <i>are</i> not ^[a] carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,
2. What are you currently saying about your current issue (what are your words related to the issues)	2. Align Your Confessions with Gods word - (What you say must align with the result you want)	Ephesians 4:29; "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear."
3. What are your actions (behavior) related to the issue you want to change	3. Align Your Actions with Gods word — - (W hat you do must align with the result you want)	James 1:22-23 ²² But be doers of the word, and not hearers only, deceiving yourselves. ²³ For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror;
4. Describe your circle of influence - Who are the people in your sphere of influence who have the greatest influence in your life (i.e. people to whom you seek advice, people with whom you fellowship and spend the greatest time, etc.)?	4. Ensure the people with whom you spend the greatest time align with the new mindset	I Corinthians 15:33 Do not be misled: "Bad company corrupts good character."